

Eric Maisel - Biography

contact eric@hotmail.com

FOR IMMEDIATE RELEASE

Eric Maisel, Ph.D., is the author of more than thirty books. He holds Bachelor's degrees in Philosophy and Psychology, Master's degrees in Creative Writing and Counseling, and a Doctorate in Counseling Psychology. He is a California licensed marriage and family therapist, a creativity coach and trainer of creativity coaches, a columnist for Art Calendar Magazine, provides regular segments for Art of the Song Creativity Radio, hosts two shows on the Personal Life Media Network and presents workshops worldwide, including summer workshops in Verona and Paris in 2008. He lives in San Francisco.

Dr. Maisel is widely regarded as America's foremost creativity coach and has taught thousands of creative and performing artists how to meet the challenges of the creative life. His books include *Fearless Creating*, *The Van Gogh Blues* (a Books for a Better Life finalist), *The Creativity Book*, *Coaching the Artist Within* (the first book on creativity coaching), *Toxic Criticism*, *Affirmations for Artists*, *A Writer's Paris*, *A Writer's San Francisco*, and many more.

His most recent books are *Creativity for Life* (New World Library), *Everyday You* (Red Wheel/Conari) and *Ten Zen Seconds* (Sourcebooks). In 2008 the paperback edition of *The Van Gogh Blues* appears, as do two new titles, *A Writer's Space* (Adams) and *Creative Recovery* (Shambhala). Dr. Maisel also produces ebooks available at his website, including the ebook *Becoming a Creativity Coach*, which details the art and practice of creativity coaching.

Dr. Maisel has presented the keynote address at the Pikes Peak Writers Conference, the Jack London Writers Conference, the William Saroyan Writers Conference, the Oklahoma Federation of Writers Conference, and scores of other venues, including repeat appearances at the Romance Writers of America annual conference and the Paris Writers Workshop. He has presented at the American Psychological Association annual conference, The Savannah College of Arts and Crafts, the North Carolina School of the Arts, The San Francisco Conservatory of Music, The Inside Edge, and has offered staff trainings at venues like the U. C. Berkeley Counseling Center.

Dr. Maisel has made hundreds of radio, television, and print appearances, appearing on television shows as diverse as *Thinking Allowed* and *To Tell the Truth*. He is regularly heard on public radio, including two recent one-hour interviews on Michael Krasny's *The Forum*, and was recently featured in *Marin Magazine's* focus piece on San Francisco Bay Area coaches. Readers of his recent book *Creativity for Life* had this to say:

"This book will save new artists and working artists years of wasted effort and thousands of dollars in therapy. This is a brilliant, wonderful book, a bible. Maisel is a sage."

-- Heather Sellers, PhD, author of *Georgia Under Water* and *Page after Page*

"Eric Maisel has done it again! This indispensable guide to actually living as an artist must be on every working artist's shelf to be read again and again. Ten thumbs over the moon!"

-- Jennifer Loudon, author of *The Life Organizer* and *The Woman's Comfort Book*

"In *Creativity for Life*, Eric Maisel, America's premier creativity coach, delves deeply into the issues that challenge writers, artists, musicians, and performers and provides them with unique strategies and stimulating insights to achieve their creative destiny."

-- Nita Leland, artist, author of *The New Creative Artist: A Guide to Developing Your Creative Spirit*

"Eric Maisel is the therapist, counselor, coach, and friend we all want and need. He provides the psychological tools to help artists lead a mature, functioning, productive, and enriching personal and creative life."

-- Bobette Buster, adj. professor, USC School of Cinematic Arts and La Fémis, Paris

"Eric Maisel has taught me more about the creative life and how to live it successfully than any other author. *Creativity for Life* is for anyone who has ever dared to live an extraordinary and fully exposed life."

-- Sharon Lebell, author of the bestseller *The Art of Living: The Classic Manual on Virtue, Happiness, and Effectiveness*